



May 2019

Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Class Fees: *Total Body Workout - \$6/class *Tai Chi - join Tai Chi Society *Retro Yoga- \$8/class *Line Dancing - \$3/class *Senior Tap Dance - \$10/class *Community Yoga - \$5/class *Barre Fitness - \$10/class, \$20 for 4 classes *Adult Dance Fitness - \$5/class *Boys Hip Hop \$20/month *Flexibility Mobility Flow - \$10/class			1 9am Total Body Workout 10:15am Adv. Tai Chi 5:30p Adult Dance Fit	2 10:00am Barre Fitness 12:00 Flexibility Flow 5:30pm Barre Fitness 6pm Line Dancing	3 9am Total Body Workout 10:15am Adv. Tai Chi	4
5 CLOSED	6 10am Total Body Workout 5:30 pm Community Yoga 6pm Line Dancing	7 8:30am Retro Yoga 10am Adv. Tai Chi 12pm Body Unity 1:30pm Sr. Tap Dance 4:45 Boys Hip-Hop 5:30pm Barre Fitness	8 9am Total Body Workout 10:15am Adv. Tai Chi 5:30p Adult Dance Fit	9 10:00am Barre Fitness 12:00 Flexibility Flow 5:30pm Barre Fitness 6pm Line Dancing	10 9am Total Body Workout 10:15am Adv. Tai Chi	11
12 CLOSED	13 10am Total Body Workout 5:30 pm Community Yoga 6pm Line Dancing	14 8:30am Retro Yoga 10am Adv. Tai Chi 12pm Body Unity 1:30pm Sr. Tap Dance 4:45 Boys Hip-Hop 5:30pm Barre Fitness	15 9am Total Body Workout 10:15am Adv. Tai Chi 5:30p Adult Dance Fit	16 10:00am Barre Fitness 12:00 Flexibility Flow 5:30pm Barre Fitness 6pm Line Dancing	17 9am Total Body Workout 10:15am Adv. Tai Chi	18
19 CLOSED	20 9am Total Body Workout 5:30 pm Community Yoga 6pm Line Dancing	21 8:30am Retro Yoga 10am Adv. Tai Chi 12pm Body Unity 1:30pm Sr. Tap Dance 4:45 Boys Hip-Hop 5:30pm Barre Fitness	22 9am Total Body Workout 10:15am Adv. Tai Chi 5:30p Adult Dance Fit	23 10:00am Barre Fitness 12:00 Flexibility Flow 5:30pm Barre Fitness 6pm Line Dancing	24 9am Total Body Workout 10:15am Adv. Tai Chi	25
26 CLOSED	27 9am Total Body Workout 5:30 pm Community Yoga 6pm Line Dancing	28 8:30am Retro Yoga 10am Adv. Tai Chi 12pm Body Unity 1:30pm Sr. Tap Dance 4:45 Boys Hip-Hop 5:30pm Barre Fitness	29 9am Total Body Workout 10:15am Adv. Tai Chi 5:30p Adult Dance Fit	30 10:00am Barre Fitness 12:00 Flexibility Flow 5:30pm Barre Fitness 6pm Line Dancing	31 9am Total Body Workout 10:15am Adv. Tai Chi	