

Emergency Three Day Kit

Preparing Your Emergency Three Day Kit

The best time to assemble a three-day emergency supply kit is well before you'll ever need it. Most people already have these items around the house and it is a matter of assembling them now.

Start with an easy to carry water tight container. You can purchase a 50 gallon storage container fairly cheap. A large plastic trash can will do, or line a sturdy cardboard box with a couple of trash bags. Next gather up the following items and place them in your container.

Essentials:

- Water - 1 gallon per person per day
- Prescription drugs
- Water purification kit or bleach
- First aid kit and first aid book
- Pre-cooked, non-perishable foods such as canned meats, granola bars, instant soup, cereals, etc.
- Baby supplies: formula, bottles, pacifier, soap, baby powder, clothing, blankets, baby wipes, disposable diapers, canned food and juices.
- Non-electric can opener
- Anti-bacterial hand wipes or gel
- Blanket or sleeping bag per person
- Portable radio or portable TV with extra batteries
- Flashlight and extra batteries
- Essential medications
- Extra pair of eyeglasses
- Extra house and car keys
- Fire extinguisher - ABC multipurpose
- Food, water, leash and carrier for pets
- Cash and change
- Seasonal change of clothing, including sturdy shoes
- Sanitation Supplies:
 - Large plastic trash bags for waste, taps and rain ponchos
 - Large trash cans
 - Bar soap and liquid detergent
 - Shampoo
 - Toothpaste and toothbrushes
 - Feminine hygiene supplies
 - Toilet paper
 - Household bleach
 - Rubber gloves

Stocking up now on emergency supplies can add to your family's safety and comfort during and after a disaster. Store enough supplies for at least three days, preferably seven days, in one place.

You should also have a place for pets in the event of evacuation to public shelters.